

Kent Cycling Association



President: Mrs. Pat Hill

Open 25 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Sunday 17th July 2022

Course: Q25/10

Start: 07.00

Timekeepers: Dave Mastin and Christine Burrows (Thanet RC)

Event HQ: Bell Meadow Pavillion, Bridges Close, St Nicholas at Wade, CT7 0PX
HQ open from 6 am.

Event Secretary: Andy Mccall, 54 Royal Esplande, Margate, Kent CT9 5ET.
Tel: 07796546278 Email: andymccall54@hotmail.co.uk

PLEASE DO NOT ATTEND THE EVENT IF YOU OR ANY MEMBER OF YOUR SUPPORT CREW OR FAMILY SHOWS SYSTEMS OF COVID 19 OR FEEL UNWELL.

Course - Start at public bridle way sign on A28, approx 400yards SW of St. Nicholas at Wade sign (TR 264658). Continue along A28 to St. Nicholas RAB turn left onto Thanet Way westbound. Continue to Broomfield interchange, turn left and over bridge to rejoin Thanet Way eastbound.

Continue to St. Nicholas RAB where turn left into Potten Street Road. Continue west along Potten Street Road, taking 2nd left turning over the bridge (Riders are warned to take special care at this junction as you must not cross the white line) (SP St. Nicholas) and take the first left into Wantsum Way to rejoin Thanet Way westbound.

Proceed as on 1st circuit to return to St. Nicholas RAB turning left into Potten Street Road as above. Continue west along Potten Street Road, taking 2nd left turning over the bridge (SP St. Nicholas) and take the 1st left into Wantsum Way to finish at centre of 2nd drain past the entrance to St. Nicholas Court Farms (TR 262671).

Directions to the start: Leave HQ and turn right from Bridges Close into Down Barton Road and then turn right into The Street. After approximately 100 metres, turn right into Manor Road. At the crossroads at the end of Manor Road, turn right onto the A28 to the start, approximately 500 metres from crossroads

Awards

TT Scratch

1st	Gilt Plated Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

Veteran on Standard

1st	Gilt Plated Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

Women

Gilt Plated Medal

Fastest Club Team of 3 Riders

Bronze Medals

Road Bike

1st	Gilt Plated Medal
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INFORMATION FOR COMPETITORS

Competitors must personally sign on and out at the HQ or they will not be allowed to race. Signing-on and out sheets and race numbers will be at the HQ. Failure to do will result in the competitor being recorded as DNF.

Please keep the noise to a minimum to avoid unnecessary disturbance to the local residents.

No rider to use a turbo trainer or rollers in the HQ parking area or adjacent roads that are within 50 metres of a domestic property. Anyone failing to comply with this restriction risks disqualification.

Competitors or their helpers must not park in the vicinity of the start or finish. Under no circumstances should competitors approach the timekeeper.

A WORKING front and rear light, either flashing or constant, MUST be fitted to the machine at the start of the event.

In the interests of your own safety Cycling Time Trials strongly advise you to wear a HARD SHELL HELMET that meets an Internationally accepted safety standard. All competitors under the age of 18 and/or Juniors **MUST** wear a properly affixed helmet, which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

Riders risk disqualification if they perform U turns in the start and finish areas or use these areas as a public toilet. Please be aware that traffic approaching the start area from Sarre may be moving fast.

Due to the layout of the course, you will pass the timekeeper twice.

On passing the finish timekeeper, you will need to stop before rejoining the Thanet Way and turn round in order to return to the HQ. **Please take extreme care when doing this as there may be other riders still competing and other road users to be considered.** To return to the HQ, return past the timekeeper, turn left at the T junction and then right into Down Barton Road after 200 metres.

Road Bike Regulations

The aim of this series is to be as inclusive as possible, and so have as few restrictions on bikes as we can.

In general, we have found the following to be a good guide

- 1. No aerobars, clip on aerobars or aero extensions can be used**
- 2. Hands must be holding the handlebars at all times whilst racing (i.e. not with forearms resting on the handlebar)**
- 3. Legs must only be covered to mid shin**
- 4. Wheels may have no more than 90mm rim depth and must have at least 12 spokes**
- 5. Helmets must have no visor**
- 6. Ears must not be covered by the helmet (Giro Aerohead helmets are not permitted No aero TT helmets)**

HEADS UP AND RIDE SAFE.

No.	Start	Name	Club	Cat	<u>Vets</u> Std
1	07:01:00	Alex Balfour (road bike)	Rye & District Wheelers CC	V	01:08:10
2	07:02:00	Mike Nott	VTTA (Kent)	V	01:09:39
3	07:03:00	Chris Bax	Thanet RC	V	01:14:23
4	07:04:00	Debbie Percival	Kent Velo Girls/Boys	WV	01:17:17
5	07:05:00	Paul Burrows	Thanet RC	V	01:06:55
6	07:06:00	Simon Henderson	Thanet RC	V	01:10:14
7	07:07:00	Sam Bennett	7Oaks Tri Club	V	01:07:43
8	07:08:00	Shay Giles	VC Elan - Harry Perry Cycles	V	01:18:20
9	07:09:00	Vernon Thomas	VC Elan - Harry Perry Cycles	V	01:19:02
10	07:10:00	John Cockrill	Abellio - SFA Racing Team	S	
11	07:11:00	Dean Chiddention	Abellio - SFA Racing Team	V	01:07:07
12	07:12:00	Pete Elms	VC Deal	V	01:09:07
13	07:13:00	Mark Gidney	Southborough & Dist. Whs	V	01:10:32
14	07:14:00	Andy Burrows	Thanet RC	V	01:19:45
15	07:15:00	Tom Rowing	Abellio - SFA Racing Team	S	
16	07:16:00	Mark Doxey	Abellio - SFA Racing Team	V	01:08:52
17	07:17:00	Michael Ashcroft	West Kent RC	S	
18	07:18:00	Matt Bristow	VC Deal	V	01:08:10
19	07:19:00	Mike Perry	Thanet RC	V	01:18:20
20	07:20:00	Mark Hill	VeloRefined Rule 5	V	01:08:52
21	07:21:00	Martin jones	Colour Tech RT	V	01:08:10
22	07:22:00	Colin Ashcroft	West Kent RC	V	01:10:32
23	07:23:00	Abbey Thompson	Stonham Barns Park – SYRT	WJuv	
24	07:24:00	Laurence Toombs	West Kent RC	V	01:10:32
25	07:25:00	Nic Fennell	Thanet RC	S	